



# 4e Competitiewedstrijd Run Bike Run Series Amsterdam - 25 juni 2016



## 1 Keep-On-Running-Hammer - Tilburg

|                        | RUN      | T1       | BIKE     | T2       | Run      | EIND        | DC |
|------------------------|----------|----------|----------|----------|----------|-------------|----|
| Glen Laurens           | 00:32:37 | 00:00:42 | 00:58:55 | 00:00:35 | 00:17:07 | 01:49:54 1  | 1  |
| Alexander Picard       | 00:33:55 | 00:00:42 | 00:58:48 | 00:00:45 | 00:17:46 | 01:51:53 3  | 3  |
| Armand van der Smissen | 00:35:27 | 00:00:44 | 01:00:19 | 00:00:39 | 00:18:48 | 01:55:55 6  | 6  |
| Tjemme Stegenga        | 00:35:32 | 00:00:50 | 01:02:29 | 00:00:48 | 00:19:28 | 01:59:04 10 | 10 |

Plaatscijfer: 10

## 2 Unltd - Vlaardingen

|                    | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|--------------------|----------|----------|----------|----------|----------|-------------|----|
| Stein Posthuma     | 00:32:46 | 00:00:44 | 00:58:47 | 00:00:35 | 00:18:09 | 01:50:58 2  | 2  |
| Tineke van de Burg | 00:40:32 | 00:01:07 | 01:03:56 | 00:00:48 | 00:21:00 | 02:07:21 16 | 1  |
| Dieuwertje Poort   | 00:42:18 | 00:01:07 | 01:08:03 | 00:00:48 | 00:22:58 | 02:15:13 24 | 9  |
|                    |          |          |          |          |          | DNS 72      | 72 |

Plaatscijfer: 12

## 3 Regiotraining RTC Tilburg

|                      | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|----------------------|----------|----------|----------|----------|----------|-------------|----|
| Jan Meysmans         | 00:34:35 | 00:00:52 | 01:01:23 | 00:00:47 | 00:18:00 | 01:55:35 5  | 5  |
| Raimond van der Boom | 00:35:01 | 00:00:55 | 01:01:14 | 00:00:50 | 00:18:05 | 01:56:04 7  | 7  |
| Christian Monna      | 00:41:38 | 00:01:17 | 01:02:29 | 00:01:03 | 00:21:41 | 02:08:07 17 | 17 |
| Henry Dullink        | 00:38:13 | 00:00:56 |          |          |          | DNF 36      | 36 |

Plaatscijfer: 29

## 4 TC Twente - Enschede

|                  | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|------------------|----------|----------|----------|----------|----------|-------------|----|
| Pim de Kok       | 00:35:28 | 00:00:49 | 01:01:26 | 00:00:41 | 00:18:24 | 01:56:46 8  | 8  |
| Lars Duistermaat | 00:34:38 | 00:00:59 | 01:05:56 | 00:01:01 | 00:19:01 | 02:01:34 13 | 13 |
| Jasper Reenalda  | 00:38:50 | 00:00:53 | 01:06:48 | 00:00:50 | 00:21:04 | 02:08:23 18 | 18 |
| Wouter Andringa  | 00:42:18 | 00:00:56 | 01:08:32 | 00:00:52 | 00:24:02 | 02:16:38 25 | 25 |

Plaatscijfer: 39

## 5 DuurzaamSport - Vasse

|                        | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|------------------------|----------|----------|----------|----------|----------|-------------|----|
| Bas van Beek           | 00:37:05 | 00:00:30 | 01:02:06 | 00:00:48 | 00:20:07 | 02:00:35 11 | 11 |
| Oscar Torres Fernandez | 00:37:06 | 00:01:00 | 01:02:56 | 00:01:00 | 00:23:31 | 02:05:32 15 | 15 |
| Margje Timmerman       | 00:46:14 | 00:01:25 | 01:16:27 | 00:01:20 | 00:25:39 | 02:31:03 31 | 16 |
|                        |          |          |          |          |          | DNS 72      | 72 |

Plaatscijfer: 42

## 6 Run2day - Arnhem

|                | RUN      | T1       | BIKE     | T2       | RUN      | EIND       | DC |
|----------------|----------|----------|----------|----------|----------|------------|----|
| Hendrik Venema | 00:35:09 | 00:00:48 | 00:59:12 | 00:00:39 | 00:18:26 | 01:54:13 4 | 4  |
| Dirk Londema   | 00:36:34 | 00:01:40 | 01:00:18 | 00:00:51 | 00:19:16 | 01:58:37 9 | 9  |
| Youri Lentjes  | 00:37:39 | 00:01:00 | 01:00:46 |          |          | DNF 36     | 36 |
|                |          |          |          |          |          | DNS 72     | 72 |

Plaatscijfer: 49

## 7 Opdam Interim Solutions - Uitgeest

|            | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|------------|----------|----------|----------|----------|----------|-------------|----|
| Laura Hak  | 00:41:59 | 00:01:01 | 01:05:23 | 00:00:56 | 00:21:33 | 02:10:50 21 | 6  |
| Reitze Bok | 00:47:39 | 00:02:00 | 01:09:23 | 00:02:10 | 00:25:03 | 02:26:12 29 | 29 |
| Lida Deen  | 00:42:48 | 00:01:15 | 01:20:30 | 00:01:32 | 00:23:35 | 02:29:38 30 | 15 |
|            |          |          |          |          |          | DNS 72      | 72 |

Plaatscijfer: 50

## 8 DSZ Wave - Delft

|                 | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|-----------------|----------|----------|----------|----------|----------|-------------|----|
| Tim Hezemans    | 00:40:21 | 00:00:54 | 00:59:23 | 00:00:45 | 00:19:43 | 02:01:04 12 | 12 |
| Jarno Veldhoven | 00:38:22 | 00:00:55 | 01:06:33 | 00:00:57 | 00:22:13 | 02:08:58 19 | 19 |
| Bouke Kooreman  | 00:37:05 | 00:00:52 | 01:10:11 | 00:00:58 | 00:20:24 | 02:09:28 20 | 20 |
| Ruben Hiddink   |          |          |          |          |          | 02:11:03 23 | 23 |

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## 9 Tv Triade - Zwolle

|                    | RUN      | T1       | BIKE     | T2       | RUN      | EIND        | DC |
|--------------------|----------|----------|----------|----------|----------|-------------|----|
| Wilfred Vogd       | 00:43:38 | 00:01:23 | 01:03:06 | 00:00:50 | 00:22:07 | 02:11:02 22 | 22 |
| Marlies Groenewold | 00:42:44 | 00:00:57 | 01:10:57 | 00:00:52 | 00:21:53 | 02:17:22 27 | 12 |
| Liesbeth Kemkers   | 00:51:52 | 00:01:49 | 01:11:16 | 00:01:15 | 00:28:35 | 02:34:45 32 | 17 |
| Robert de Bruin    |          |          |          |          |          | DNS 72      | 72 |

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### 10 T.I.A. (TeamIndividueleAtleten) - Nederland

|                    | RUN      | T1       | BIKE     | T2 | RUN      | EIND       | DC |
|--------------------|----------|----------|----------|----|----------|------------|----|
| Wouter van Leeuwen | 00:39:16 | 00:00:58 | 01:02:31 | 0  | 00:20:37 | 0,0414 14  | 14 |
| Koos Meinsma       | 00:42:26 | 00:01:13 | 01:07:52 | 0  | 00:24:00 | 0,04226 26 | 26 |
| Niels Schepers     | 00:42:41 | 00:01:17 | 01:17:35 | 0  | 00:21:59 | 0,04456 28 | 28 |
| Michiel Broeksma   | 00:37:07 | 00:00:43 |          | 0  |          | 0,04683 36 | 36 |

**Plaatscijfer: 104**

### 11 TtvW- Hof van Twente

|                | RUN      | T1       | BIKE | T2 | RUN | EIND   | DC |
|----------------|----------|----------|------|----|-----|--------|----|
| Marissa Meijer | 00:53:18 | 00:01:07 |      |    |     | DNF 36 | 36 |
|                |          |          |      |    |     | DNS 72 | 72 |
|                |          |          |      |    |     | DNS 72 | 72 |
|                |          |          |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 180**

### 18 Tv Weert - Weert

|  | RUN | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 Hellas 2 - Utrecht

|  | RUN | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 TC Twente 2 - Enschede

|  | RUN | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 Hellas - Utrecht

|  | Run | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 Atac - Amsterdam

|  | RUN | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 Edo Sports Maastricht

|  | RUN | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**

### 18 Squadra - Eindhoven

|  | Run | T1 | BIKE | T2 | RUN | EIND   | DC |
|--|-----|----|------|----|-----|--------|----|
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |
|  |     |    |      |    |     | DNS 72 | 72 |

**Plaatscijfer: 216**